

"While Govinda dasi was Srila Prabhupada's personal secretary in 1968, His Divine Grace endeavored to convince her that it would be best to refrain from temple activities during the first three days of her menses, not just Deity worship. Govinda dasi became very upset. Srila Prabhupada seeing the degree of her disturbance said, 'Never mind.'

Today she follows the rule that Srila Prabhupada wanted her to follow then.

She says, she just couldn't follow at that time, now she can.

Your Servant, Kusha devi dasi" [Text 1484553 from COM]

"According to smarta viddhi, a woman in her period cannot touch the Deity. However, according to Goswami viddhi, she can, but better she doesn't"

According to the smarta vidhi, women cannot touch deity during menstrual period but the goswami viddhi allows. But it is better not to do it. One thing is that the seva can never be stopped for any reason. This also for the cooking. (A.C.Bhaktivedanta Swami Prabhupada. Letter to Amsu. Vrindavan August 13th 1974.)

For more see section below "Purifying the Body" from Pacharatra Pradipa, Iskcon GBC.